

ORGANIC TOAST white SD, chia/rye SD; buckwheat/pumpkin seed GF /spelt sour cherry & raisin with house butter peanut butter / house marmalade / vegemite / house jam ADD smashed avocado	7.5 5
EGGS ON TOAST poached, fried, scrambled, soft/hard boiled	13
SIDES handmade 3T hash brown bacon, smashed avocado, field mushrooms, grilled tomato Chisholm pork & fennel sausages, shanklish, house baked beans, pomegranate tomatoes, grilled haloumi	8ea 5ea
BREAKFAST PANINO free range scrambled egg, field mushrooms, haloumi, spinach, za'atar labne (NF) ADD bacon or avocado	15.5 5
FREE RANGE EGG & BACON ROLL provolone cheese, house-made onion, tomato & sumac relish, damper (NF)	12.50
TAKE-AWAY SPECIAL Bacon & Egg Roll + reg coffee	12.50
OG SMASHED AVO pomegranate tomatoes, shanklish, sourdough, mint, nigella and sesame (NF) ADD bacon or mushrooms ADD fried or poached egg	19 5 3.5
SYRIAN FALAFEL tomatoes, radish, cucumber, leaves, pickled chilli, tahini, parsley (GF NF VE) WRAP BOWL ADD fried or poached egg	14 19 3.5
BASTURMA FOLDED EGGS spiced air-dried beef, cherry tomatoes, cucumber, olives, pickled chillies, mint, stringy haloumi, baalbek bread (NF)	21
CHICKEN SHAWARMA WRAP, lettuce, tomato, avocado, toum, shanklish cheese, pickles (NF)	16
3T CHEESEBURGER brisket/chuck pattie, kashkaval cheese, tomato, onion jam, leaves, house ketchup, dijonnaise, fries (NF)	23
CHICKPEA RAGOUT eggplant, tomato, 6 spices, freekeh, coriander, coconut yoghurt, fried bread (DF) ADD poached egg ADD lamb shoulder	20 3.5 8
THE ARAB REUBEN lamb shoulder, chilli pickled cabbage, alfalfa, swiss cheese, sourdough rye, fries (NF)	22

SALAD OF THE WEEK – Check our specials board

BOWL OF FRIES sauce - tomato, BBQ, chipotle mayo, tahini, mayo 8

TOASTIES

Choose – OTB ham, tasty cheese, tomato, bacon, avocado, field mushroom,
chilli pickled cabbage, fried egg, pickled chilli, spinach, mikti, OTS relish, toum,
za'atar labne, onion, shanklish (Served on square bread)

2 fillings	8.5
extra fillings	+2
grilled haloumi; poached chicken; chicken schnitzel;	+5
sourdough or wrap	+1
gluten free bread	+2

KIDS (Nut Free)

BUTTERMILK PANCAKES vanilla cream & house strawberry jam	10
HOUSE NUGGETS & CHIPS	10
BAKED BEANS, sneaky veg & sourdough	9
EGG of your choice & soldiers	9

**CHECK OUT THE SPECIALS BOARD FOR MORE
KITCHEN CLOSSES 2:30pm LAST COFFEE ORDERS 3pm**

COFFEE espresso 3.5	macchiato 4	iced coffees 5	cold brew 5.5
long black, cappuccino, latte, flat white, piccolo, hot chocolate			R 4.5 L 5
mocha, chai latte, extra shot, decaf, soy, almond, oat			+ 0.5
SICILIAN ORANGE HOT CHOC			5
TEA (loose leaf) English breakfast, peppermint, earl grey, green			4
HOUSE STICKY CHAI or TURMERIC LATTE brewed in milk			5.5
3T ICED STICKY CHAI served without milk; refreshing			5.5
FRESH MINT & CINNAMON TEA			4.5
FRESH JUICES GREEN: kale, cucumber, apple, celery, ginger			8.5
SPRING: watermelon, orange, lemon			
DETOX: apple, carrot, beetroot, orange, ginger			
SHAKES 500ml organic choc malt / mixed berries			8
KIDS' SHAKES 250ml choc / vanilla / strawberry / caramel			5
PERRIER SPARKLING WATER 330ml			4.5
SOFT DRINK GLASS BOTTLE 330ml coke / coke zero / sprite			4.5
LOCAL KOMBUCHA			6
HOUSE MADE LEMONADE	7.5	with mint	+0.5
CHECK OUR BOARD FOR SPECIAL SODA & SMOOTHIE			

**THE 3T FRIDGE IS INSIDE FOR TAKE HOME MEALS &
HOUSE PRODUCTS**