

3 TOMATOES**ALL DAY MENU****121 HOLDEN ST ASHBURY**

ORGANIC TOAST white SD, chia/rye SD	7.5
Turkish or buckwheat/pumpkin seed GF (+2)	
Fruit Sourdough with house butter/ peanut butter / house marmalade / vegemite / house jam	5
ADD smashed avocado	
PASTURED EGGS ON TOAST poached, fried, scrambled, soft/hard boiled	14
SIDES handmade 3T hash brown	8.5ea
bacon, smashed avocado, roasted field mushrooms, grilled tomato	5ea
Chisholm pork & fennel sausages, shanklish, pomegranate tomatoes, house baked cannellini beans, grilled haloumi, stringy haloumi	
EJJI ON TURKISH green omelette, capsicum, zucchini, spinach, avocado, za'atar labne (V, NF)	17.5
ADD bacon or haloumi	5
FREE RANGE EGG & BACON ROLL provolone cheese, house-made onion, tomato & sumac relish, damper (NF)	13.00
TAKE-AWAY SPECIAL Bacon & Egg Roll + reg coffee	13.00
OG SMASHED AVO pomegranate tomatoes, shanklish, sourdough, mint, nigella and sesame (V, NF)	19
ADD fried or poached egg	3.5
ADD bacon, mushrooms or haloumi	5
SYRIAN FALAFEL tomatoes, radish, cucumber, leaves, pickled chilli, tahini, parsley (NF, VN)	
WRAP	16
BOWL (GF)	22
ADD fried or poached egg	3.5
ADD fries	5
FRENCH TOAST brioche, pork belly, banana halawi whip, raspberry, pistachio (Option – Haloumi instead of pork belly)	22
CHICKEN SHAWARMA lettuce, tomato, avocado, toum, pickles, shanklish cheese (NF)	
WRAP	17
BOWL (GF)	23
ADD fries	5
PUMPKIN & SWEET POTATO FRITTERS carrot, parsley, yoghurt, feta, spinach, besan, poached egg (V, NF, GF)	22
ADD bacon or avocado	5
KAFTA BURGER hummus, tabouli, sumac onion, stringy haloumi, romesco, waffle fries (NF)	24
PORK RAGU ROLL cabbage & carrot slaw, shallots, mayo, seeded roll, mozzarella, smoked cheddar, shoestring fries (NF)	24

SALAD OF THE WEEK – Check the specials board

BOWL OF FRIES sauce - tomato, BBQ, chipotle mayo, tahini, mayo 9

TOASTIES**Choose** – OTB ham, tasty cheese, tomato, bacon, avocado, field mushroom, fried egg, pickled chilli, spinach, pickled wild cucumber, OTS relish, toum, za'atar labne, cooked onion, shanklish (Served on square bread)

2 fillings	9
extra fillings	+2
grilled haloumi; grilled chicken; chicken schnitzel	+5
sourdough, wrap	+1
gluten free or Turkish bread	+2

KIDS (Nut Free)

BUTTERMILK PANCAKES vanilla cream & honey	11
HOUSE NUGGETS & CHIPS	11
CHEESY TOAST with hummus & cucumber	11
EGG of your choice & soldiers	11

**CHECK OUR SPECIALS BOARD FOR MORE
KITCHEN CLOSES 2:30pm LAST COFFEE ORDERS 3pm**

COFFEE espresso 3.5	macchiato 4	iced coffees 5.5	cold brew 5.5
long black, cappuccino, latte, flat white, piccolo, hot chocolate		R 4.5	L 5
mocha, chai latte, extra shot, decaf, soy, almond, oat			+ 0.8
SICILIAN ORANGE HOT CHOC			6
TEA (loose leaf) English breakfast, peppermint, earl grey, green			4.5
HOUSE STICKY CHAI or TURMERIC LATTE brewed in milk			6
3T ICED STICKY CHAI served without milk; refreshing			6
FRESH MINT & CINNAMON TEA			5
FRESH JUICES GREEN: kale, cucumber, apple, celery, ginger			9.5
SPRING: watermelon, orange, lemon			
DETOX: apple, carrot, beetroot, orange, ginger			
SHAKES 500ml organic choc malt / mixed berries			9
KIDS' SHAKES 250ml choc / vanilla / strawberry / caramel			5.5
PERRIER SPARKLING WATER 330ml			4.5
SOFT DRINK GLASS BOTTLE 330ml coke / coke zero / sprite			4.5
LOCAL KOMBUCHA			6
HOUSE MADE LEMONADE	8	with mint	+0.5
CHECK OUR BOARD FOR SPECIAL SODA & SMOOTHIE			

**CHECK THE 3T FRIDGE/FREEZER FOR TAKE HOME
MEALS & HOUSE PRODUCTS**