3T CLASSIC

FREE RANGE EGG & BACON ROLL 15
provolone cheese, house-made onion, tomato & sumac relish, damper (NF)
TAKE-AWAY SPECIAL • BACON & EGG ROLL + REG COFFEE 15

OG SMASHED AVO 21
pomegranate tomatoes, shanklish, sourdough, mint, nigella & sesame (V, NF)
ADD fried or poached egg +4
ADD bacon, mushrooms or haloumi +6.5

EJJI ON TURKISH 19.5
scrambled eggs, capsicum, zucchini, spinach, avocado, za'atar labne, toasted (V, NF)
ADD bacon or haloumi +6.5

CHICKEN SHAWARMA WRAP 19 | BOWL 24
lettuce, tomato, avocado, toum, pickles, shanklish cheese (NF)
ADD fries +5

SYRIAN FALAFEL WRAP 19 | BOWL 24
tomatoes, radish, cucumber, leaves, pickled chilli, tahini, parsley (NF, VN)
ADD fried or poached egg +4
ADD fries +5

ADULT BUTTERMILK PANCAKES vanilla cream & honey 19
ADD jam +0.9

TOAST & EGGS

ORGANIC TOAST 8
white SD, chia/rye SD, fruit sourdough
turkish or soy/linseed GF (+2)
with house butter / peanut butter / house marmalade / vegemite / house jam
ADD smashed avocado +6.5

PASTURED EGGS ON TOAST 14
poached, fried, scrambled, soft or hard boiled
ADD SIDES
handmade 3T Hash Brown 9.5 ea
bacon · smashed avocado · roasted field mushrooms 6.5 ea
grilled tomato · pork & fennel sausages · shanklish · pomegranate tomatoes · house baked cannellini beans · grilled haloumi, single sausage

SIDES

BOWL OF FRIES CHIPS 9.5 | WAFFLES 11
sauce – tomato, BBQ, chipotle mayo, tahini, mayo, toum

SIDE SALAD - cucumber, tomato, leaves & house dressing 7

SEASONAL

THE ASHCURRY 26
Exmouth Bay prawns, coconut cream, garam masala, ginger, green beans, tomato, coriander, basmati rice (NF, DF)
ADD fried or poached egg +4

SHROOMARRA ON SOURDOUGH 26
3 mushrooms, onion, spinach, parsley, poached egg, muhammara red dip (VG)

THE BRISKET BURGER 29
tomato, lettuce, roasted beetroot, swiss cheese, prego, pickles, milk bun, waffle fries (NF)

BANH MI XÍU MẠI 27
Vietnamese pork meat balls in tomato sauce with poached egg, pickles, seed roll & cucumber

CHECK OUR SPECIALS BOARD FOR MORE

TOASTIES

YOUR TOASTIE 10.5
Choose any 2 fillings
OTB Ham · tasty cheese · tomato · bacon · avocado · field mushroom · spinach · shanklish · pickled chilli · pickled wild cucumber · cooked onion · house relish · toum (served on square bread)

- extra filling +2.5
- grilled haloumi +6.5
- fried/ scrambled egg +3.5
- grilled chicken / chicken schnitzel +7
- sourdough, wrap +1.5
- GF or Turkish bread +2.5

LITTLE TOMATOES (Nut Free)

BUTTERMILK PANCAKES vanilla cream & honey 12
ADD jam +0.9

HOUSE NUGGETS & CHIPS 12

3T KIDS PLATE 16
hummus, cucumber, apple, cheese, ham, wrap bread

EGG OF YOUR CHOICE & SOLDIERS 12
poached, fried, scrambled

CHECK OUR FRIDGE / FREEZER FOR TAKE-HOME MEALS & 3T PRODUCTS

COFFEE

Espresso	3.8
Macchiato	4.6
Flat white · latte · cappuccino · long black · piccolo · hot chocolate	5 / 6
Mocha	5.8 / 6.8
Sicilian Orange Hot Chocolate	6 / 7
Iced Long Black	6.2 / 7.2
Iced Mocha	7 / 8
Iced Latte	6.2 / 7.2
Cold Brew	6 / 7
Extra Shot · Decaf	+0.8

Oat · Almond · Soy · Lactose Free
Vanilla · Hazelnut · Caramel

TEA, MATCHA, CHAI

Organic Matcha Latte	7
Iced Organic Matcha Latte	7.4 / 8.4
Chai Latte	5.8 / 6.8
Iced Chai Latte	6.5 / 7.5
3T Sticky Chai	6.9
3T Iced Sticky Chai (without milk)	6.9
Turmeric Latte	6.7
Fresh Mint & Cinnamon Tea	6
Pot of Tea (loose leaf) english breakfast · earl grey · green · peppermint	5.5
Fresh Lemon & Ginger Honey Tea	6

SHAKES

Choc Malt 11
cacao · organic malt & vanilla ice cream

Mixed Berries 10
mixed berries ·vanilla ice cream

Classic Milkshakes 10
chocolate · vanilla · strawberry · caramel

Kids' Shakes 5
250ml chocolate · vanilla · strawberry · caramel

REAL FRUIT SMOOTHIES / FRAPPES

Mango (DF Option available) 11
queensland mango, banana & vanilla yoghurt

Mixed Berries 11
aussie raspberries, strawberries, banana & yoghurt

Tropical - Frappes 11
mango, pineapple & passionfruit (DF)

Banana & Cinnamon 11

Kids' Smoothie 7
mixed berries · banana

CHECK OUR SPECIALS BOARD FOR MORE SMOOTHIES/ FRAPPES

FRESH JUICES

Green 9.5
kale, cucumber, celery, apple & ginger

Detox 9.5
carrot, apple, beetroot, orange & ginger

Spring 9.5
watermelon, orange & lemon

Kids' juices (make your own) 6.5

SOMETHING COLD

Sparkling Water 330ml	5
Water Bottle 600ml	4
Soft Drinks 330ml cola · zero cola · sprite	5
Emma & Toms orange juice/ immunity kick start	5.5
House-Made Lemonade	8
ADD mint	+0.5
Kids' House-Made Lemonade	5

WILL & CO COFFEE BEAN

Coffee bean 250g bag	19
Coffee bean 500 bag	35
Coffee bean 1kg bag	62
Ground coffee 250g	25
Ground coffee 500g	41

KITCHEN CLOSES 2:30PM • LAST COFFEE ORDERS 3PM